

Church Contact Details

METHODIST

Part time Supernumerary Minister

Revd Ros Watson
The Manse, The Wraes, Garbridge Lane
Appleby CA16 6HZ
Tel 017683 51244 or 07923 044709
Email ros.watson@methodist.org.uk
Days off Thursday, Friday, Saturday

Local Lay Pastor

Celia Ramnath
The Manse, Langwathby, Penrith
Tel &; email TBA

Circuit Pastor

Mr Dean Lawson Tel: 07897 736024
laypastor@penrithmethodist.co.uk



Church Steward: Mr John de la Mare  07802 709320

 www.eastofedenmc.org.uk  facebook.com/alstonmoormethodistchurch

ROMAN CATHOLIC

Parish Priest: Fr John Winstanley (*usual day off: Monday*)

Deacons: Revd Charlie Conner, Rev. David Greaves







St Catherine's Rectory, Drovers Lane, Penrith CA11 9EL

 01768 862273  penrithrc@btinternet.com

Local Contact: Anne & Paul Parkin 01434 381704 stcatherinepenrith.org.uk



QUAKERS

Carol Graham  01388 517145  hillhouseeast@yahoo.co.uk
Antony Christie  01434 381633  antonychristie@aol.com
Kate Webb  01434 381562  kate.webb@yahoo.co.uk




CHURCH OF ENGLAND

Vicar: the Revd Mark Nash-Williams (*usual day off: Monday*)

The Parsonage, Brampton Road, Alston, Cumbria CA9 3AA

 01434 382558  vicar@alstonmoorcofe.org.uk

Curate: Revd Andy Morsman  07375 905246 (*usual duty days: Wed, Thu*)

 curate.andy@alstonmoorcofe.org.uk

Churchwardens:

| | | | | |
|-------------------|---|--------------|----------------|--------------|
| Alston | Tanya Uemlianin | 07490 772019 | Paul Dyke | 07544 714369 |
| Garrigill | Jim McCarry | 07890 345901 | | |
| Kirkhaugh | Richard Graham | 381367 | | |
| Knaresdale | Irene Boyles | 381388 | Carol Grieves | 382472 |
| Nenthead | Madeleine Harris | 382144 | Simon Crossley | 200241 |
| Lambley | Vacant – contact one of the other Wardens | | | |

 www.alstonmoorcofe.org.uk  facebook.com/alstonmoorchurches



Methodist Services



All services at 11.00 am in St Wulstan's, unless otherwise stated.

- 7th Rev Alex Dunstan
5 pm Pennine Praise at The Hive, Nenthead
- 14th Rev Andy Morsman Harvest
Collection of Gifts for the People's Kitchen
- 21st Rev Mary Elliot Holy Communion
6 pm Penrith Methodist Church Circuit Service
- 28th at St Augustine's Farewell Service for Mark and Bar Nash-Williams

Quaker Meeting for Worship



Quaker Meeting for Worship continues to take place
every FOURTH SUNDAY of the month at 10.30am, throughout the year

And SECOND WEDNESDAY OF THE MONTH: 6.30 – 7.30pm
14th MAY, 11th JUNE, 9th JULY, 13th AUGUST, 10th SEPTEMBER

Everyone most warmly welcome to join us for an hour of silent,
reflective worship at these times.

Roman Catholic Mass



St Wulstan's, Kings Arms Lane, Alston, CA9 3JF
Mass every Saturday as usual at 6.00pm
with confessions available from 5.30pm

Ecumenical Service at Grisedale Croft

A relaxed, informal service on Thursday 25th September 1.30 pm

Church of England services & events



Worship and Prayer in September

Sunday, 7th September (*1st Sunday in the month*):

9.30 am Holy Communion (BCP) Holy Paraclete, Kirkhaugh
11.00am Sung Communion St Augustine, Alston (& livestream)

Friday, 12th September:

****6.30pm Harvest Thanksgiving & Auction of Produce**
St Jude, Knaresdale

Sunday, 14th September – Holy Cross (*2nd Sunday in the month*):

****9.30am Holy Communion, Harvest Invitation** St John, Nenthead
****11.00am Harvest Thanksgiving at St Wulstan's – no service at St A's**

Sunday, 21st September – St Matthew (*3rd Sunday in the month*):

9.30am **Harvest Celebration** St John, Nenthead
11.00am Sung Communion St Augustine, Alston (& livestream)
****3.00pm Harvest Thanksgiving** St John, Garrigill
****6.00pm Harvest Festival Evensong (BCP)** Holy Paraclete, Kirkhaugh

Sunday, 28th September (*4th Sunday in the month*):

****11.00am Holy Communion** St Augustine, Alston (& livestream)
Bar & Mark's last service
No service in Lambley this month

Sunday services online

- Join us at 11am weekly on **Zoom** using the app – or, with an ordinary phone, dial 0203 051 2874. The **Meeting ID code** is **357 123 751**.
- Or find us on **YouTube** – youtube.com/@AlstonMoorParishChurches
- Download the orders of service from alstonmoorcofe.org.uk/worship and the notice sheet from alstonmoorcofe.org.uk/whatson

Prayer requests and virtual candles



If you would like someone to pray for or with you, phone Mark on 01434 382558 or email pray@alstonmoorcofe.org.uk

Light a candle at churchofengland.org/our-faith/light-candle or in any of our parish churches

Regular Weekday services

Morning, Evening & Night Prayer

- Morning Prayer: Wed-Sat, 9am St Augustine's & on Zoom
- Evening Prayer: Wed, Thu & Sat, 5pm St Augustine's & on Zoom
Fridays, 6pm St John's, Nenthead
- Night Prayer: Fridays, 9pm Zoom

Informal Holy Communion

- Every Thursday, 12 noon Chat Room, Alston

Ways to support your parish churches financially

- ✓ Make a one-off donation at alstonmoorcofe.org.uk/donate
- ✓ Speak to a Churchwarden, a Treasurer or Mark about regular donations
- ✓ Join easyfundraising.org.uk and select your favourite church as your cause.

Thank you!



September dates for your Diary (subject to change)

Sat 13th, 7.00pm **Ecumenical Harvest Supper** *Masonic Hall*
Sun 21st, 10am-3pm **Coffee Shop** *Garrigill VH*
Sat 27th, 10am **St Jude's Coffee Stop** *Knaresdale w Kirkhaugh VH*



The Chat Room

Bottom of Front Street, next to Mad Hatters. Open all year, for a safe space, a warm welcome, a cuppa and a chat. Whether you need a moment's break from the weather, or an hour of company and deeper conversation, the hosts are always pleased to see you. Our normal opening hours are Monday to Friday, 10-12.

Food, Friendship, Futures

Harvest Festivals are critical for **the People's Kitchen** as 75 % of their annual food requirements are donated then. At our Joint Harvest Service at St Wulstan's on 14 September we will be collecting goods to help in their task of providing warm, sustaining meals seven days a week.

We have a full list of wanted items but here are a few suggestions:

Tins - vegetables, meat, soup and fruit

Baking Ingredients – flour, sugar, jam, cocoa

Cooking Ingredients – cooking sauces, oil, lentils, broth mix, spices, salt,

pepper, lasagne, noodles, rice, stock and gravy

Drinks – UHT milk, coffee, tea, hot chocolate, juice

PLUS toiletries, razors, washing up liquid, washing powder, pet food, jeans, socks and waterproof jackets.



ME



Harvest Festival 2025

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|---|--|
| Friday 12th September | |
| 6.30pm | Family Harvest Festival & Auction <i>St Jude, Knaresdale</i> |
| Saturday 13th September | |
| 7.00pm | Harvest Supper <i>Masonic Hall</i> |
| Sunday 14th September | |
| 11.00am | Harvest Thanksgiving <i>(no service in St A's)</i> <i>St Wulstan, Alston</i> |
| Sunday 21st September | |
| 9.30am | Harvest Celebration <i>St John, Nenthead</i> |
| 3.00pm | Harvest Celebration <i>St John, Garrigill</i> |
| 6.00pm | Harvest Evensong (BCP) <i>Holy Paraclete, Kirkhaugh</i> |

